

Carson Music ... Junior Retreat 2013
Loon Lake ... January 16-18th



What to Bring:

We have limited space.

You may bring 1 (that's **one**) bag for luggage only, preferably a soft-sided kit bag; no suitcases please.

Musically Speaking :

YOUR INSTRUMENT !!!!!!!

All of your Music and accessories (reeds etc.)

Clothing: These are recommended, but variations are OK ... The weather can change quickly, so be prepared for snow and/or rain

Warm Pajamas
Shorts
Sweat shirt
Fleece or Jacket (Waterproof)
Jeans
Sneakers
Hiking Boots (if you have them, there will be snow!)
Hat, mittens, gloves

Toiletries:

Towel
Shampoo and soap
Toothbrush etc.

Creature Comforts:

A Pillow
A Sleeping Bag

Other:

Munchies (marshmallows for toasting, chips, etc.)
Deck of cards
Small games
Camera
Flashlight

EMERGENCY PHONE NUMBERS:

Loon Lake (604) 463-5035
Caretakers (604) 868-2685

Loon Lake Camp:
#200-22188 Lougheed Highway
Maple Ridge, B.C.
V2X 2S8

Carson Junior Retreat 2013

Rules and Expectations:

1. During the retreat, we will be following the guidelines for behavior that are normally followed while at Carson. Although we are out of the classroom, and away from the school, you are still a student at Carson. Any disciplinary problems will be dealt with immediately and expediently. *Problem students will be sent home immediately at their own expense.*
2. While we are going away on this retreat to have lots of fun, the focus will be on learning our music. You are all expected to focus, and work hard, and play your best.
3. We are serving as ambassadors of Carson Secondary, and our community. The people we work with and meet while we are at **Loon Lake Camp** will be formulating their impressions not just of us, but of where we come from. Respectful and considerate behaviour is expected at all times. We are their guests.
4. Your chaperones have graciously volunteered to accompany us to ensure that you are safe, and that the retreat runs smoothly and efficiently. They have given up their own free time to be with us. Their instructions are to be followed. Respectful and considerate behaviour toward them is expected at all times.
5. We are expected to leave the camp in the same condition that we found it, so we will all be expected to help clean up before we leave. Any damage to facilities and equipment is your own responsibility and expenses for any necessary repairs will be billed to you.
6. While times on the itinerary are flexible, bedtimes and curfews will be strict. We will be very busy; you will need your sleep. There will be no arguments.
7. The menu has been pre-selected, and is prepared by a high quality, professional catering service. If you are concerned that you will not be getting enough to eat, then feel free to bring your own! No complaints please!!! Otherwise, Mr. Yang will cook the meals!!!

I have read and understand all of the above guidelines, and agree to follow them while away on retreat.

Student Name: _____

Signature: _____